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Conceptual Paper

Insights in Oral Cancer

Vaibhav Shah*

Department of Oral and Maxillofacial, Surgery, Consultant, CTCS Unit Med Hospital, India

***Corresponding Author:** Vaibhav Shah, Department of Oral and Maxillofacial, Surgery, Consultant, CTCS Unit Med Hospital, India.

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Saliva as Diagnostic aids In Cancer Detection: A Promising Advancement in Early Diagnosis, Cancer remains one of the leading causes of death Worldwide, with millions of lives being affected by this devastating disease. Early detection leads to a successful cancer treatment, as it allows for prompt intervention and management, which can significantly improve patient outcomes. Traditional methods for cancer detection include invasive procedures such as biopsies, imaging tests, blood tests. However recent advancements in medical research have discovered a promising new tool in cancer detection: saliva diagnostics. Numerous Advantages in Early Cancer Diagnosis is achieved by Non-Invasive and Easily Accessible and Emerging Source for Cancer Biomarker Detection Saliva, a clear fluid produced by salivary glands in mouth, Saliva is a complex fluid that contains a affluence information about an individual's health. It contains various substances, including proteins, enzymes, hormones, DNA, RNA providing a valuable insight in body's physiological and pathological conditions of the body. In very recently years, with researchers' discovery conclusion has been drawn that one of the key advantages about non-invasiveness attractive option for cancer screening and monitoring is saliva because saliva contains specific biomarkers indicating the presence of cancer. Saliva is a non invasive diagnostic tool in cancer detection compared to the traditional cancer screening methods such as biopsies and imaging tests which were really very un-comfortable in terms of pain and procedure risks of complications and also saliva collection a simple and painless process that does not require any specialized equipment or expertise and can easily be done in a clinical setting or even at home making it convenient for patients especially those who may be hesitant or unable to undergo invasive procedures. Saliva diagnostics also offers the advantage of early detection. Biomarkers present in saliva can provide early warning signs of cancer even before symptoms manifest. Early detection is crucial in cancer management, allowing for timely intervention, leading to better treatment outcomes. Saliva-Based tests are more helpful in detecting cancer at an earlier stage as and when it may be for are more responsive to treatment and potentially saving lives and thus reducing the need for aggressive treatment options. Furthermore, saliva diagnostics have shown promising results in not only detection of various types of cancer, including oral cancer, breast cancer, pancreatic cancer and lung cancer, among others. But have also shown to detect specific genetic mutations and alterations associated with certain cancers, providing valuable information for personalized cancer treatment plans. By allowing timely adjustments in treatment strategies Saliva-based tests are used for monitoring disease progression and treatment response, In addition to being non-invasive and early, saliva diagnostics also offer potential for cost-effective cancer screening. Traditional cancer screening methods are expensive, requiring specialized equipment, expertise and facilities on the other hand Saliva-based tests are relatively inexpensive and easily scalable which makes the tests more accessible to a broader population particularly beneficial for low-resource in regions where access to advanced medical facilities may be limited. Despite the numerous advantages, saliva diagnostics for cancer detection are still in the early stages of development and further research is needed to validate accuracy, reliability as well as potential in cancer detection promising and ongoing research continues to shed light on saliva's utility in clinical practice. To conclude saliva diagnostics constitutes a promising advancement in cancer detection. Saliva diagnostics offers potentially non-invasive and cost-effective early approach to screening and monitoring cancer. With further research and validation saliva diagnostics with time have the potential to become a valuable tool for early intervention in cancer management allowing improved treatment outcomes and better patient care. As research in the field continues to evolve saliva diagnostics may revolutionize the way of detection and management of cancer is being carried out bringing us closer to the goal of eradicating cancer a devastating disease.